

Australian Tournament Program ISA New Zealand U14 Softball Teams

New South Wales Softball BOP Junior International Challenge Tournament March 2023

Under 14 Boys & Girls New Zealand Selection

International Softball Academy

Depart New Zealand Tuesday 21st March returning Monday 27th March 2023



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Email Craig@ISA.org.nz

www.ISA.org.nz Facebook "Just Softball NZ ISA"



1. Overview

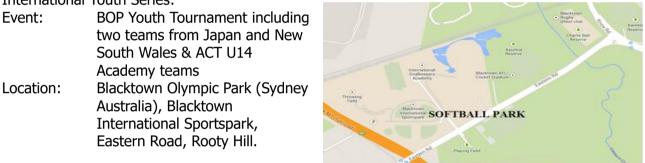
The ISA New Zealand organisation has been organising overseas softball tours to different parts of the world since 2008, we a break for covid, they have taken over 60 teams over season in 10 years, from United States, Canada, Australia – New South Wales, Perth and Queensland, to Italy, Czech Republic, Switzerland, and Denmark. Before Covid, in 2019 year they had 11 team tours to various parts of the world.

The ISA have attended the U14 International Youth Series in Sydney including teams from Japan for over 7 seven years introducing girls in 2018.

Aim of the program:

- The promotion of the sport of Softball and the development of Coaches and Softball Players.
- To promote the development of Youth Softball Players
- To promote a friendly exchange and understanding among softball players from different countries and regions as a cultural experience.

International Youth Series:



The International Softball Academy (ISA) has sought out the most respected and accomplished group of instructors and coaches in the New Zealand to lead the teams. The ISA organizers are themselves experienced coaches and senior softball administrators being former Softball New Zealand board members, they share the passion for the sport of softball, and are using their knowledge, experience and international contacts to add to the experiences of the players. They never lose sight of the fact, however, that great softball players are created one at a time. Who says getting better can't be fun too? At the International Softball Academy tours, you meet other young athletes who share your love of softball. On and off the field, you'll take home experiences you will remember forever. **You'll get better!** Totally immerse you in the sport, giving you the kind of focused, intensive training essential for improvement – no matter what your ability level. Your performance as an overall player will improve, along with your self-confidence! Experience on trips have included an LA Dodgers baseball game, Disneyland, Lunar Park, Markets, Rugby League games, State of Origin games, Wild life park and IMAX to name a few. **Supervision, is of the highest standard ensuring player safety**

ISA NZ Academy Format –

Day 1 – Travel to Sydney ex Auckland/Wellington and Christchurch - Tuesday March $21^{\rm st}$ early morning - Training and evening game at Stanhope v Cumberland Nepean

NOTE these are all early flights so we are in Sydney by approx. 8.30am

Day 2 – Wednesday skills camp, an & pm and evening games in McCarthur, Cowpasture Reserve.

Day 3 - Thursday am visit to Luna Park, and Paddy's Haymarket, evening warm up games at Southern District,

Day 4 - Training am and Tournament planned to Start Friday am Day 5 TOURNAMENT

Day 6 TOURNAMENT – evening Rugby League Game

Day 7 - Monday – Shopping or Opera House visit on way to flight - late flight back to New Zealand

Transport in Australia

We have two x 21 seater BUSes, with trailer – Diane drives the boys and Craig the Girls

Accommodation

Sydney Gateway Holiday Park – Avina Van Village, in Vineyard, approximately 30 minutes from the Blacktown International Sports complex. Where we stay, three meals a day are included in the costs (meals on the flights are your own responsibility) Lunch & dinner on last day is your responsibility, but players are welcome to make their own packed meals in the morning at the accommodation. We always have plenty of food.

Uniforms & Gear

Players must provide their own;

- black socks, (suggest at least 4 pairs)
- Girls black ³/₄ slack/tights pants (not Trackpants or jeans) for travel
- Boys black dress trousers
- Optional BLACK Undershirt
- Batting Helmet
- Catchers bring your own catchers gear
- players bring your own bat if you have your own Bat

We provide;

- 1. Tournament playing shirts with your name on the back.
- 2. Warm up jacket please NAME
- 3. Black NZ Hoodie
- Softball Travel BAG for carryon luggage do not over fill these maximum weight 7kg
 This bags doubles as your playing bag
- 5. Travel Dress Top please NAME
- 6. New Zealand Training Top doubles as 2nd playing top
- 7. Training Shorts please NAME
- 8. Black NZ cap Please NAME
- 9. RED or Black playing Belt please NAME
- 10. Softball Knickers Black Please NAME

2. Management

Under 14 Boys

Coach: Hadyn Smith - Former Softball New Zealand CEO and Board Member. Hadyn has an extensive coaching and playing background.

Assistant Mike Mountford – long standing Canterbury representative player followed by coaching. Son of the former Black Sox 1976 World Series winner an d lonmg standing ISA coach Brian Mountford.

Manager/Scorer:

Diane Waterhouse – Diane has been the manager, scorer and chaperone of many ISA teams. Parents' appreciate the significant increase in communication when Diane is on tours. The updating of photos and results on facebook is continual. She has started using game changer to score games and updates the game action online also. A comment from the recent tour was. "Thanks for all the updates it was as close as we could get to being there".

Having managed numerous ISA teams including Australia, Italy, Germany, Crech Republic, United States, Switzerland, Canada, and Denmark, plus managed age group Rep teams both in the Manawatu and Hawke's Bay. The first 5 years of our tours Diane covered all aspects of our tours on her own. She is the driving force behind the technology for our tours. She is always looking at ways to make the experience in00clusive to the families back home. Di is well skilled to ensure the players are supervised and controlled. Diane is in charge of all aspects of the tour, except on the diamond. As always she deals with any and all issues involving the team off the diamond. She is our force to be reckoned with should anyone try to hassle the team!!! She also DRIVE the BUS.



Under 14 Girls

- Coach: Kevin Stockford Kevin has attended one Junior World Series with New Zealand and attended three Men's World Series after becoming head coach and player for Great Britain. He coach the Denmark U18 Boys World Series team, and has coached numerous ISA New Zealand teams over the years. Just fit in time is played Rugby for Horowhenua in New Zealand Heartland Competitions.
- Assistant Peter Doherty Arguably the cream of the crop of youth softball coaches in New South Wales. Having coached numerous New South Wales State representative team, being Head Coach of the South Western Softball Academy for a number of years and an ISA coach since 2017
- Manager: Craig Waterhouse the other side of Diane, he had coached and managed many ISA team. A former SNZ Board member, Softball New Zealand Softballer of the Year, and Softball New Zealand Administrator of the year. Craig has extensive coaching and management experience. Craig is not the machine Diane he is the helper.

Special things to Note:

- Any medical issues please tell team management Diane handles all medical issue on tour
- For health issues all players should have their own batting helmet.
- Catchers, please bring your own catchers gear.
- Travel Insurance is your own responsibility if u require it. New Zealand have reciprocal hospital rights in Australia.
- The flights over and return may not include meals
- YOU are **NOT** allowed Metal Cleats in youth softball in Australia
- Communication back home when landing in Sydney Airport the players will be given the opportunity to purchase an aussie sim card. Your New Zealand phone needs to be unlocked. Alternatively, if the childs phone is an account you may take advantage of the Vodafone \$8 plus GST a day plan and use your New Zealand plan in aussie. If you need to get hold of your daughter urgently phone Craig's number 027 4422935 if in Australia 0064274422935. Or Diane's number is 027 2027327. We will both be on the Vodaphone International plans. Reminder we are two hours behind. Ie 7am NZ is 5am Sydney.



3. Players Rules & Code of Conduct

Medical Conditions

Please advise us if you have any medicine that you require, and also of any medical issues.

Reminder for parents and players

In receiving this information everyone is aware of the following in relation to discipline on tour and consequences which could follow if any child were to bring the team into disrepute.

Any major breach of discipline will result in your child being removed from the tour and sent home on the earliest flight available. Before that decision is made we may contact Softball New Zealand to ensure they are happy with the processes we have gone through. Should the consequence be removal from the tour and we have informed you of this at that point you will be given the choice if you wish to fly over and collect your child. You will be responsible for any cost for change of flights. Any other costs involved in disruption to the tour from your child's ill-discipline will incur extra costs to yourselves. Please inform your child of the seriousness of the consequence. I would be surprised if anybody let us down but major breaches of alcohol, drugs, defiance of management is something they need to be aware will not be tolerated. If a player is sent home we would more than likely be recommending to SNZ that he be suspended from Softball also.

In the unfortunate circumstances of a major injury, illness or death occurring while on tour the decision to continue with the tour will lie with team management. It is important that we all have an understanding that huge amounts of people's money have been spent on this trip to Australia and this decision must lie with us. In saying that though at any time during the trip you have every right to pull your child from the trip for any reason. Realising that changes of plans often incur extra costs at your expense.

We will endeavour at all times to have your child well cared for and in a safe environment and make clear the expectations so that the trip is a success and will be an enjoyable experience.

NOTE: The cost does not cover travel insurance.

PLAYER CODE OF CONDUCT

At all times you are representing the country on and off the diamond, so the way you conduct yourself is very important

- Bad language will not be tolerated
- When on the Diamond the on diamond coaches are in charge, and deserve your respect, please give then the courtesy of listening to them and not ignoring their instructions
- Uniforms must be kept clean and tidily worn, as they should be.
- Any behaviour that management or coaching staff deem to be unacceptable will be dealt with.
- If we find that it is severe you will be SENT HOME at your OWN or PARENTS expense immediately. Management has the final say on this.
- Management will determine all rules.
- We have NO tolerance policy on alcohol, smoking, drugs and substances. I would hope at this level no one will cross the line.
- All medication that you are on must be disclosed to the Management of the team.
- No leaving of the park, accommodation or team without the express permission of the team Manager or delegated management person.
- Facebook/twitter are public forum we ask that players not use these means to communicate team issues/ player issues or matters involving the tour. Happy for it to be used as a social update

By attending the Tour, you are accepting that you will adhere to the Management rules and instructions. If you feel you cannot do this, please advise us now.

Other Information

Injury on field

First Aid will be carried with us at all times and administered by the Manager. From there with serious cases professional advice sought with hospital. We have reciprocal hospital care arrangements with the Australia, so there should be no cost.

Expectations in City

Staying in groups will be required. The players are required to stay in groups of a minimum of 3 at all times

Expectations at the accommodation

- Follow the instructions set by the team management and the accommodation management.
- In Anaheim in the swimming pool at the complex is no diving or jumping in pools. The complex management has live camera surveillance; so do not think you can get away with it if no one is around.
- NOTE you cannot leave the confines of the accommodation.
- No throwing of balls in complex
- Respect the other people staying at the complex
- It is likely we will collect cellphones in the evening to avoid excessive use.
- Do not enter other peoples' bedrooms without being invited.
- When you go to your rooms for sleep, that is what is planned, not hours of talking. We need you the following day.
- Sleeping arrangements will have some sharing Queen Beds.
- Under no circumstance can you leave the accommodation without an adult and only with the permission of Craig or Diane

Eat well and sleep well and get plenty of sleep.

SLEEPING

All sleeping requirements are provided. For the first few nights, you may find it difficult to get to sleep, as your body clock will still be adjusted to New Zealand time. If your parents are concerned u may request some mild sleeping pills from your family doctor for the first few nights. PLEASE advise management.

LAUNDRY

Laundry duties are being allocated to players on a daily basis. BUT u need to ensure your clothes are marked if you wish to have them washed with the general washing. PLUS we are all care BUT no responsibility. Pack plenty of underwear and some warm cloths. Make sure everything is clean prior to leaving New Zealand, they may last the distance. We no longer recommend laundry wash bag for your own washing, as players over fill and they become too difficult to dry in the dryers

TRAVEL INSURANCE

We have a right to free hospital cover, as Kiwi's in Australia. Any other travel insurance for cancellation of ticket for health reasons, or loss of luggage or cash is your decision if you wish to take this insurance cover. If you do wish to take, check out what excesses apply. If you do not hold a New Zealand passport this does not apply to you.

IF YOU ARE TAKING TRAVEL INSURANCE – take it now so if something go wrong before the flight you have coverage



4. Flight Travel Arrangements

NOTE: Your flight travel attire is – we supply Black dress top, NZ peak cap – and you supply black shoes, Black trousers/ tights, black socks

Make sure you label your checked bag clearly and have a system of easy identification for your bag like a coloured tape around the handle or similar so it is easily identifiable when it comes off the plane and in the airport for collecting. It is your decision on whether you wish to have a small lock on your bag. Some tourists are now using colour coded electrical cable ties for their suitcases to identify if their bag has been opened due to the only way to get into a bag with a cable tie is by cutting it. Your decision if you wish to pursue something similar.

NOTE: It is recommended that you take your playing and training uniform in your carryon back pack luggage including playing socks and glove, and rubber cleats plus a change of clothing - just in case your airline misplaces your checked luggage. MAKE SURE Moulded rubber CLEATS ARE absolutely CLEAN – NO metal cleats

Note It is your responsibility to make travel arrangements to the selected international departure airport

Your carryon bag, is being supplied by ISA, BUT cannot weight over 7kg when it has gear in it. You are limited to one checked bag weighing no more than 7kg. Check the details based on Airline. You can purchase large travel bags at the Warehouse, rather than taking 2 bags. If you take two checked bags, one will be charged extra by the airline even if the two bags weight is under the weight limit. We will be washing nearly every day so you should not need a lot. No extra allowance if provided for catchers gear.

Tuesday 21 March

ITINERARY ex AUCKLAND

Checked bag weight limit 23kg & 7kg carry-on luggage

Management

Di Waterhouse & Craig Waterhouse

04:00am	Diane & Craig Waterhouse at Check in area to check in Jet Star Please note your final reporting time at Auckland International Airport is 120 minutes prior to departure. You will require the following documentation:	
	O Electronic Airline Ticket, Valid Passport, Completed Pink Departure Card	
6:20AM	Depart Auckland Flying time: 3hr 40mins	
8:00AM	Approximate Arrival in SYDNEY.	

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall and wait for team. Once through customs, follow Craig & Diane and make your way to Bus Departure area to meet up with Wellington and Christchurch Group.

Monday 27 March SYDNEY/AUCKLAND

04:00PM Air New Zealand Please note your final reporting time at Sydney International Airport is 2 hours prior to departure. You will require the following documentation:

- C Electronic Airline Ticket
 C Valid Passport
 7:15PM Depart Sydney on Air New Zealand
 Flying time: 3 hrs 04mins
- 00:25am Arrive in Auckland Tuesday

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall.

ITINERARY ex CHRISTCHURCH

Tuesday 21st March CHRISTCHURCH/SYDNEY

Checked bag weight limit 25kg & 7kg check luggage

04:30am	Meet Mike Mountford at Air New Zealand check in area Please note your final reporting time at Christchurch International Airport is 2 hours prior to departure. You
	will require the following documentation:
	 Electronic Airline Ticket & Valid Passport
6:45AM	Depart Christchurch for Sydney
8:10AM	Arrive in Sydney

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall and wait for team. Once through customs, follow meet up with Wellington & Auckland Group.

Monday 27 March SYDNEY/CHRISTCHURCH

04:00PM	Qantas - Please note your final reporting time at Sydr	
	International Airport is 2 hours prior to departure. You	
	will require the following documentation:	
	 Electronic Airline Ticket& Valid Passport 	
07:20PM	Depart Sydney Flying time: 3 hrs 05mins	
00:25PM+1	Arrive in Christchurch	

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall.

ITINERARY ex WELLINGTON

Flying ex Wellington

Meet Hadyn Smith in check in area.

Checked bag weight limit 23kg & 7kg carry on luggage

Tuesday 21 March WELLINGTON/SYDNEY

04:00AM	Check in area to meet Hadyn Smith		
	Air New Zealand Please note your final reporting time at Wellington International Airport is at least 2		
	hours prior to departure.		
6:30AM	Depart Wellington	Flying time: 3hr 50mins	
08:20AM	Arrive in SYDNEY		

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall and wait for team. Once through customs, follow meet up with Auckland & Christchurch Group.

Monday 27 March SYDNEY/WELLINGTON

- 04:00PM Air New Zealand Please note your final reporting time at Sydney International Airport is 2 hours prior to departure.
- 06:25PM Depart Sydney on Air New Zealand
- 11:35PM Arrive in Wellington.

Upon arrival and after completing Customs and Immigration formalities, proceed to the Arrival Hall.



IMPORTANT ADVICE TO Flights

In order to comply with all Civil Aviation Authority security regulations, it is mandatory that no customer carries knives, razors, scissors or cutting instruments, sharp objects of any description or composition, knitting needles, softball bats, nail files or novelty items such as toy guns or weapons into the cabin of any domestic or international aircraft.

You are advised that if such items are required, they are to be packed into checked baggage. They are NOT to be carried in cabin baggage or on their person under any circumstances. If you are found carrying any implements as described above during airport security checks you will be required to surrender them. Regrettably such items cannot be returned.

Needles and syringes are exempt from the above if the customer also has in their possession medication that has a professionally printed label identifying the medication or a manufactures name or pharmaceutical label. IF in doubt pack in check in baggage, do not take on the plane.

Baggage Allowances:

Economy Class:	23kgs on Air NZ – 30kg Qantas - pack any bats, catcher gear and batting helmet in your checked luggage. Do not over pack we are washing regularly
Carry on luggage:	One bag per person 7kgs provided u a carry on bag – pack your glove, playing gear, and moulded or rubber cleats in your carry on.

Passports:

Please ensure your passport is current and in excellent condition. Any form of damage renders the passport invalid. Please check for dog-ears, any plastic lifting on the photo page, water damage etc. The Manager can securely look after your passport in Sydney if you wish.

Boots/Cleats:

You are only allowed to have rubber blade/sole cleats. You are not allowed metal cleats. Make sure these are cleaned of all grass etc in NZ and also before you return from Australia. Customs may take them off you, and not return them if they deem you to have dirt or grass on the sporting shoes.

Other Tips:

Togs, Towel, Personal medication. A note with your medication should explain administration in case of an emergency. Once again be aware of what is considered a dangerous item that will be taken off you before you board by customs, Medicines Toiletries including deodorant, shaving gear etc, Wallet or belt bag (personal spending), NZ cellphones work in Australia so take your charger. We recommend if you plan to use your phone then you purchase an aussie sim card, you can do this at the Sydney Airport when they arrive. Vodafone have \$5 a day plan for on account plans where you can use your New Zealand plan in Australia – check it out

REMINDER if u want roaming to working in AUSTRALIA make sure your phone is set up before you leave NZ



Travel Information:

- Once we begin our flights from or to Aussie you will be responsible for your passport at all times. I
 suggest you have a safe place to put it each time it is in your possession. Look after it with your life
 otherwise your life over there will suddenly become a lot more complicated. The Manager can look
 after your passport when you arrive at our accommodation if you wish.
- At the airports if you are not sure of what you need to fill in **ASK** management. Keep your life simple. Note where we are staying for custom entry declaration.
- Also act sensibly at all times as customs staff can hold you on suspicion and this will cause us all great delay and ruin the trip. Customs officer can be very officious and will not tolerate any smart comments or rudeness
- You must be responsible for your gear at all times and know that only you packed your gear. Do not let others pack your gear and do not offer to carry anything for anyone else unless management has asked you to do so. Do not let your gear out of your possession or sight
- In theory you will travel with;
 - 1. Your travel carry-on bag, we have supplied you (THIS is a carry on bag and should be less than 7 kg) it doubles as your playing bag. You should include in this bag you playing glove, clothing, and rubber cleats NO balls, bats or helmets in your carry on, they may consider them dangerous)
 - 2. We also suggest you buy a belt bag that can be secured around your waist and under your clothing rather than a wallet as the trip can be ruined if you lose your money etc.
 - 3. NOTE most New Zealand EFTPOS cards work in Australia, and normally carry a \$3 fee for cash withdrawals at money machines.

Reminder: On flights keep your life simple by being aware of, before you go, what items are allowed and not allowed on the planes, i.e. sharp instruments, liquids, spray deodorant are all banned.

Packing: - what do I take?

Reminder to pack playing gear, training gear and some casual clothes in your carry on including your, playing glove and softball playing shoes. If the Airline misplaces your checked bag you can still play and train.

What should I take? PACK LIGHT - We have provided you with a hoodie and shower proof jacket – so you have wet weather and cold weather covered. Take plenty of underwear and black sock, and at least three sets of casual clothing. We are washing every day in Saskatoon, the biggest issue will the players forgetting to put his washing out. PACK LIGHT.

Pack your bats and batting helmet in your checked luggage

5. Roster Duties & Food – all players will have a duty roster

Breakfast & dinner is on a self help basis. Players are responsible for their own dishes, the player on duty are responsible to ensure the kitchen area is clean and assist with cooking when required, and also do the general dishes. Lunch every day will be a selection of chicken, ham etc with rolls/bread & fruit.

NOTE if you want extra snacks during the day make up some extra food for you to take from the lunch options. Laundry - players will be do a laundry wash and dry every night, make sure any clothes you wish to have washed are named. You can do your own washing if you wish.

Dinners - everyone keep their units tidy & clean. Those on DINNER duty must also tidy dining area and cleanup

We will have lots of leftover food in the fridge – never hesitate to ask for more.

Flying over: No meals will be served on flights, unless u are flying Qantas so have something before u leave (Dispose of any food you take on the plane DO not take it into to Aussie if caught you will be fined. – NOTE you cannot take food through customs NZ or custom Australia

On the flight home:

The players can make their lunch and can take enough food for dinner on the way home before proceeding through Customs (it has seldom happened) – NO meals supplied on plane.

Menu for the Week

Day 1 Tuesday	Devil Sausages
Day 2 Wednesday	Chicken Curry
Day 3 Thursday	Beef Stroganoff
Day 4 Friday	Country Style Chicken Casserole
Day 5 Saturday	BBQ Dinner at Park
Day 6 Sunday	Chicken bacon and Mushrooms
Day 7 Monday	Your own responsibility - we will have plenty of leftovers

Details of what is covered by duties

Kitchen & Unit

Keep your unit kitchen and lounge area tidy, Do surplus dishes AND Rubbish removal Help with breakfast



Make up Lunch Chilly

Help get lunch ready at accommodation & Carry Lunch
Trailer
Supervision gear into trailer, make
sure it is locked correctly for travel

Water Container

Water container ie carry/refill/ 1/3 fill & put in unit freezer etc

Put laundry into washing machine - you can follow you unit up Get coins from Craig and take to Laundry

Dry Cloths	Get clothes from wash and put in dryers	
	Take clothes from fry and place for collection	
Carrier	Carry whatever is required to trailer, from trailer	
	to games, gear bag, lunch chilly etc	
Dinner	Help Craig with Dinner, dishes and tidy up	

6. Communications and updates

Over the years we have tried to increase the communication updates while on tour.

Game Changer – some games we will score on line on Game changer and most games will be live streamed. The internet address will be published to the Just Softball ISA facebook page before the game starts.



ISA also have a FaceBook account "**Just Softball ISA**" so we suggest you like the page, as any photos will be uploaded to this site and Live streaming of some games will be through this page.

LIVE broad CASTING of Games on Facebook through "Just Softball ISA"





Phoning from New Zealand – Craig cellphone +64 027 4422935 answer in Australia. Reminder of the time difference – so do not ring before 10am NZ time Please.

PLUS we will endeavor to live score and live stream games. A link will be posted to our Facebook page "JustSoftball ISA"

Player cellphone needs. When we come through the arrivals area and customs, players will be allowed to purchase Vodafone Sim cards from the Airport Vodafone shop. Make sure your New Zealand phones are unlocked.

7. Proposed Activity Plan for the 7 days - GUIDE ONLY

NOTE Breakfast is always self-serve, and all meals will be served in the BBQ area around the swimming pool **All flights are ex fly ex Christchurch, Wellington and Auckland.**

21st Tuesday

Flying Auckland

8.00am Arrive in Sydney check through customs

Flying ex Christchurch

8.10am Arrive in Sydney check through customs -

Flying ex Wellington

8.20am Arrive in Sydney check through customs

NOTE:

- Due to age most of you will not be able to use the self-check customs option, so all check through the manual service customs checks, pick up check bags and all meet up in the arrivals hall.
- Only in arrivals area GET CELLPHONE set up with data if required at cellphone shops at airport
- 10.30am meet Bus in Bus bay awaiting the balance of the group arriving ex Auckland.
- Our BUS company contact + 61 2 9524 7007
- 10.30am make way to Bus parked in Bus bay and depart for Accommodation

11.35am Arrive at accommodation

12.00pm Grocery delivery – all hands on deck

1.00pm Lunch

1.30pm Travel to Stanhope Grounds for training run Majestic Drive. 15 minutes away

Craig and any parents who want to travel to Blacktown International Sports Park to pick up chilly bins etc from NSWSA Softball Storage.

3.45pm Travel back to accommodation - freshen up

4.45pm Meal at accommodation

5.30pm Depart to Stanhope, Majestic Drive for Games v Cumberland Nepean Softball for games

2 x 5 innings games Late pm Laundry

22 March Wednesday

Collect your washing 9.00am Breakfast 10.00am Depart for Training run 12.30am Back to accommodation Lunch R&R around pool 4.15pm Travel to Park **5.15pm Arrive for evening warm up games in McCarthur, Cowpasture Reserve. - 2 x five innings game** Dinner at Park

10.00pm back to Accommodation for Laundry Late and another meal if you wish.

23 March Thursday

9.30am late start Breakfast –take gear for tonight's game = bags on BUS as no trailers in town 10.30am depart for Luna Park. 1.00pm Depart Luna Park 1.30pm Lunch at Barangaroo Reserve

2.20pm Dopart for Paddya HayMarket

2.30pm Depart for Paddys HayMarket

4.30pm Depart for Evening Game Southern District

Jacquie Osmond Reserve, Station Street Warwick Farm - contact Fiona Williams PH: 0425281141 2 x 5 innings games -

6.30pm & 8.00pm Back to accommodation for Laundry Late



24 March Friday

8.30am up for Breakfast
Collect your washing
9.00am Depart for Training Run
11.15am Depart back for lunch
11.45am Hot Lunch at accommodation
The Tournament is planned to start late today otherwise we will travel to Sutherland
4.30pm depart to Sutherland Shire Softball Grounds – next to the Cronulla Sharks home ground
501 Captain Cook Dr Caringbah – cool lunch at Park
7.00pm Game time ONLY one game
9.00pm Depart back to accommodation
Help yourself to another meal if you want when we get back
Laundry
BED

25th March Saturday Pick up Laundry TOURNAMENT DAY Last Laundry Dinner BBQ at the Park hosted by New South Wales Softball

Providing time allows we will depart for Commbank Stadium 9.50pm Eels v Panthers

26th March Sunday Pick up Laundry TOURNAMENT Dinner back at Accommodation

NO MORE laundry

27th March Monday

9.00am up for breakfast and pack
9am One on One reviews
9.30am Craig take gear back to International Sports Park for storage
11.00am Early Cooked Lunch
12.15pm pack trailer and depart for Shopping at Sydney biggest shopping mall Westfield Paramatta or Blacktown
2.30pm Depart for Airport Check in – target is to get to Airport by 3.30pm after fuelling up

Note you get your own dinner make up sandwiches at accommodation if you want. This cannot be taken through customs

Wet weather options – DFO at Homebush, Ferry right into Darling Harbour, Featherdale Wildlife Park, Indoor Bowling at the Rooty Hill RSL, Shopping at Blacktown, or Rooty Hill, Paddys Market, Powerhouse Museum, Pylon Tour of the Harbour Bridge and Darling Harbour,



8. Accommodation

Sydney Gateway Holiday Park – Avina Ingenia Holidays

Avina is located in the tranquil rural setting of Vineyard in Sydney. Stay and enjoy our rolling grounds and facilities including a resort style swimming pool, heated spa.



Sydney Getaway Holiday Park

A-Vina Van Village | 217 Commercial Rd | Vineyard NSW | Australia

Phone: (02) 9627 1847

Resort style swimming Pool, Fully Licenced Restaurant open Friday and Saturday Nights, Internet Access, Children's Playground, golf chipping & putting green, squash court, tennis court, Games room, undercover BBQ area, exotic bird aviaries, duck ponds, farm animals

Park ranges over 50 acres of fully manicured lawns and gardens.

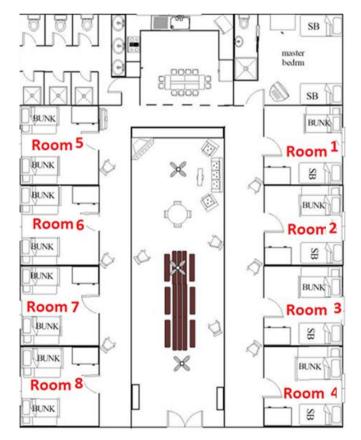
Overview

Boys Accommodation - ALL MEALS will be in the Bunk House Unit

Sleeping up to 30 people This spacious bunkhouse is perfect for big groups. Featuring 9 bedrooms. Equipped with three shower cubicles, three toilets, a full kitchen and a large central living room hosting furniture to suit your groups needs with 2 reverse cycle air-conditioners and a large screen TV. Master room has: 2 Single Beds 4 rooms have 2 x Single Bunks Beds and 1 x Single 4 rooms have 4 x Single Bunks Beds in each room



Accommodation set up



NOTE Additional toilets and Showers are across path including ladies

Girls Accommodation

All meals will be served in the Boys Bunk Accommodation

Overview

Sleeping a maximum of 18 people This large six-bedroom bungalow is ideal for groups. Equipped with two bathrooms, three toilets and a full kitchen including stove, microwave, kettle and toaster. The spacious loungeroom hosts, a television, hot and cold reverse cycle air conditioning and a six-seater dining table. Bedroom 1: 2 x single bunk beds + single Bedroom 2: 2 x single bunk beds + single Bedroom 3: 2 x single bunk beds + single Bedroom 5: 1 x Queen Bedroom 6: 2 x single bunk beds

This unit on across the path from the Bunk Room Accomodation.



Appendix

- A. Cash on Tour
- B. Passports
- C. Safety on Tour

A. Cash Allowances

After many years of touring we have the opinion that a visa debit card attached to an account you can see in your internet banking is the best way to control things. In all countries travel u can get cash from a bank money machine. You can use as a visa card also if needed, reducing. Some might say the exchange rate is not as good, but it is simpler and we think give you better control. Plus u can top up and easily transfer any surplus cash. Get from your local bank. You can get a second back up card and get Craig to look after.

This is the BNZ option BNZ Flexi Debit Visa at a glance



- \$10 annual fee (waived first year)
- \$2,000 daily ATM withdrawal limit
- \$10,000 daily transaction limit
- Apple PayTM and Google PayTM ready
- Block and unblock card in the BNZ app
- Enable and disable contactless payments
- Online and /Phone purchases
- Overseas ATM and EFTPOS use.
- Fraud protection

B. Passport

Please ensure your passport is current and in excellent condition. **Any form of damage renders the passport invalid.** Please check for dog-ears, any plastic lifting on the photo page, water damage etc.

DOUBLE CHECK your ticket that it is the same name as your passport. Craig has a scanned copy of your passport.

DO NOT PUT THINGS IN THE BACK OF THE SEAT POCKET IN FRONT ON YOUR ON PLANES or BUS

On the last year's tour we had passports left on plane, cellphone left on plans and buses.

Reminder: On flights keep your life simple by being aware of before you go what items are allowed and not allowed on the planes, i.e. sharp instruments, liquids, spray deodorant are all banned.

EMAIL CRAIG A copy of your passport for record

C. <u>Safety on Tour</u>

Medical Conditions

Please advise us if you have any medicine that you require, and also of any medical issues. ALSO

• If you have been taking medication for an injury or health issue in the last month you should take this with you. If you get a reoccurrence while away, you need to have easy access to this medication. PLEASE PLEASE do this as 2 many players are coming away who get a reoccurrence of a problem or run out of the medication. COME prepared.

• Personal tape, ice packs and treatment, even a tens machine for muscle strains We will have all this available, but you need to ensure you look after yourself. You know what normally happens to you at tournaments and what injuries you incur. So make sure you are also prepared and bring your own tape etc. DO not come away expecting old injuries to be strapped and tell us you did not bring strapping tape. BUT we will have some.

It is suggested that you purchase some across the counter sleeping tablets if you have any concerns about sleep. It helps with the time change.

By sending your child on this tour you are authorizing the ISA management to treat any medical injury to their best endeavours. You are confirming it is acceptable for ISA management to be the authorized person in issuing instructions or confirming treatment to medical officers. We will issue players pain tablets, or other medication if deemed necessary unless you withdraw this authorization. PLEASE ensure you advise us of any medication the player is currently receiving.

Travel Insurance is NOT included in the cost, Australia have reciprocal hospital cover with New Zealand passport holders. If your are travelling on a foreign passport you should take Travel Insurance. If you wish to take cover for loss of gear or travel, we recommend Covermore. Any additional cost incurred in medical are the players/parents cost

Stay min Groups

Look after your mates, stay together in groups of at least three, do not leave the accommodation or activity without an adult.

- Store contacts for management in case of emergency contact
- Store address of accommodation to ensure u can get back
- Passport always store in a safe place do not store behind airplane seat pocket it has happened
 - DO NOT PUT PASSPORTS in THE BACK of Seats u will forget them
- Management will collect Passports when not needed for travel

Emergency Contact

Store Diane and Craig Cellphone in your phone Diane +64 27 202 7327 & Craig +64 27 4422935. In the case of a emergency – the worst being split from your group someone will be able to ring these numbers. Additionally, if you have a cellphone it is recommended that you set up the SOS feature to ring your parents cellphone, and practice the use of this feature. Your parents can then contact us. Remember to load the emergency number with the international calling +64 in front of the number and test.

NOTE this is only a precaution, OUT of nearly 1000 players taken overseas we have only had one small incident of departure without a player and we have significantly enhanced processes.

Additionally, players will be allocated numbers for when we do a countdown on the bus we ensure we are all in attendance.

Incidents or Accidents

Report any incidents or accidents to management

Personal medication. A note with your medication should explain administration in case of an emergency. Once again be aware of what is considered a dangerous item that will be taken off you before you board by customs, Medicines Toiletries including deodorant, shaving gear etc,. **DO NOT DO NOT** supply medication to other players.

Take your own strapping tape if you find you normally need

Injury on field

First Aid will be carried with us and administered by one nominated person. From there with serious cases professional advice sought with a hospital. Treatment is expensive in the states and we have taken travel insurance, which we will copy to you all, any costs not cover by the insurance will fall with parents. We will make a best endeavor to get your OK before any additional cost is incurred.

Bullying on Tour

The International Softball Academy – ISA New Zealand are committed to providing a caring, friendly and safe environment for player's so they can participate in the ISA New Zealand softball program in a relaxed and secure atmosphere. Bullying and Harassment of any kind is unacceptable. Be very clear if bullying does occur, all coaches, players or parents should know that incidents will be dealt with promptly and effectively by Management on tour.

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim. Emotional being unfriendly, excluding (emotionally and physically), sending hurtful text messages, posting hurtful Facebook messages and tormenting, (e.g. hiding gloves and gear/, threatening gestures). Physical pushing, kicking, hitting, punching or any use of violence. Racist racial taunts, graffiti, gestures. Verbal name-calling, sarcasm, spreading rumours, teasing;

Any use of physical force or power threatened or actual, against another person(s) that results in psychological harm, or injury. It may involve provoked or unprovoked acts and can be a single incident, a random act or can occur over time is not totally unacceptable.

ISA Management have effectively dealt with many incidents on tours in the past and will move quickly to address any issues/incidents.Repeated on going bullying of other players or coaches or even parents on tour, will be dealt with and a player or coach may be removed from the tour.

Players or coaches are encourage to advise management if they think someone is being bullied. We encourage as a first response if he/she is being harassed, Initially ignore it and walk away; Tell the person to stop (you may need a friend to help you)

Tell management or if uncomfortable with advising management direct tell the team captain or coach.

We can assure you if bullying behaviour continues we will take all steps to stamp it out and ensure the protection and wellbeing of the player, parent or coach.

STOP! Bullying, Harassment and Violence is not acceptable

If as a parent, you become aware you child is being harassed. In most case you are a long way away. Email Craig@ISA.org.nz with your concerns – we will deal with them, and encourage your daughter/son to talk freely to us.